**Liverpool Food Pantry**

[Your Local Pantry](https://www.yourlocalpantry.co.uk/) <https://www.yourlocalpantry.co.uk/>

[Food in the Community Liverpool – Pantries & Community Food Hubs (explore-liverpool.com)](https://www.explore-liverpool.com/food-in-the-community-liverpool-pantries-community-food-hubs/)

L19, L24 [**Warm Hubs across Speke and Garston**](https://www.southliverpoolhomes.co.uk/news/news-details/?id=8197) (list by South Liverpool Homes)

[**Queen of Green bus**](https://www.feedingliverpool.org/community-food-spaces/queen-of-greens-bus-stop-map/)mobile greengrocers for everyone regardless of income. 29 locations including areas where there are no supermarkets selling ‘green’ produce. Alexandra Rose vouchers, and Healthy Start vouchers, cash or card accepted.

L6, L7, L15 **Cost of Living Drop In Events**[***flyer***](https://twitter.com/LoveWavertree/status/1590406412563537921) Speak to one of the many partner agencies providing support on the cost of living to help you through winter. **Thursdays 5.30-7pm** on **24 Nov** on Wavertree Library Picton Road L15 4LP and **1 Dec** Archibishop Blanch CofE High School 80 Earle Road L7 6HQ

L8 [**Granby Toxteth Development Trust (GTDT)**](https://www.thelivewelldirectory.com/Services/2107) The Warm Hub (Community Living Room). A chat, a bite to eat, some activities, a community litter-pick and some free energy-saving advice. **24 Nov**1-3pm at St Bede's, L8 0SQ, **28 Nov**11-1pm at GTDT L8 0QF. [Flyer](https://twitter.com/GTDT_Liverpool/status/1591054581688979457)

L9, L25 [**Life Rooms**Coping with Energy Crisis and other supports](https://www.thelivewelldirectory.com/Services/1584) - National Energy Action 1:1 support at Life Rooms Lee Valley **24 Nov** 10-2, Family Cost of Living Support at Life Rooms Walton **25 Nov** 11-2 and Life Rooms Lee Valley **9 Dec** 11-2

L5 [**League of Welldoers** Christmas Dinner](https://www.facebook.com/events/644744850639152/) **20 Dec** 12.30pm £2 deposit required when booking, which will be returned on the day.

[**Feeding Liverpool**](https://twitter.com/feedinglpool/status/1589954227551756291)If your organisation is providing free Christmas meals to your community on or around Christmas day, email *Feeding Liverpool* to get yourself add their Community [Christmas Meals map](https://www.feedingliverpool.org/liverpools-christmas-meals-2022/).

[**Liverpool Community Advice**](https://www.thelivewelldirectory.com/Services/262) - drop in suspended from 21 Sep 2022 until further notice.

[**LCVS** has complimed **Cost of Living Crisis resources for individuals**](https://www.lcvs.org.uk/grants/cost-of-living-crisis-help-for-individuals/).

[**Liverpool City Council Cost of Living support page**](https://liverpool.gov.uk/col)Help if you're struggling with the cost of living.

[**Liverpool City Council: Sustainable Warmth Fund**](https://www.thelivewelldirectory.com/Services/1874)A government scheme for local residents to make homes greener and warmer. Available to help 700 eligible households across Liverpool.

[**Life Rooms Walton: Debt and Housing Advice and Coping with Energy Crisis**](https://www.thelivewelldirectory.com/Services/1584) One to one advice and support with National Energy Action. Citizens Advice Liverpool is on site on Tuesdays 1.30-4.30pm.

[**Free mobile data for people who can’t afford their internet connection**](https://www.lcvs.org.uk/get-free-mobile-data-from-the-national-databank/)Community organisations can sign up to the National Databank and apply for SIMs to give to the people they support. To sign up to the National Databank, a community organisation needs to join the [Online Centres Network](https://www.goodthingsfoundation.org/our-network/about/) first. [Criteria and more info](https://www.lcvs.org.uk/get-free-mobile-data-from-the-national-databank/)

National Energy Advice's information on [*Cost of living support package*](https://www.nea.org.uk/get-help/cost-of-living-support/?parent=get-help) and [*multilingual resources*](https://www.nea.org.uk/get-help/advice-resources/?parent=get-help)

Gov.UK [*Help with your energy bills*](https://helpforhouseholds.campaign.gov.uk/help-with-your-bills/) | [*Help for Households*](https://helpforhouseholds.campaign.gov.uk/)

#### **'Warm Hubs'**[**back to Jump to**](https://www.thelivewelldirectory.com/Services/8034#jump)

L3 [**Warm Bank at The Brain Charity**](https://www.thebraincharity.org.uk/event/warm-bank-at-the-brain-charity/?_event_occurrence_id=1771) Wednesdays from 5 – 7:30 pm (with a break for Christmas) | Norton St, Liverpool (off London Rd) Offering a warm hub in Liverpool City Centre for anyone who is struggling. You can have a cup of tea or coffee, use their free WiFi and relax. If you want to book a place (though it is not essential), please click [here](https://www.thebraincharity.org.uk/event/warm-bank-at-the-brain-charity/?_event_occurrence_id=1771).  Contact Details: 0151 298 2999

L4 [**Liverpool Lighthouse: Practical Support**](https://www.thelivewelldirectory.com/Services/1963)drop in 10am-3pm Tuesday to Thursday. A safe, warm space you can come and spend time, get free tea and coffee, access our fresh food pantry and some days get a free hot meal.  Oakfield Road, L4 0UF

L7[**Local Solutions - Carers Centre**](https://www.thelivewelldirectory.com/Services/806)99 Edge Lane L7 2PEoffering a ‘Warm Space’ every Monday 10am - 3pm for their registered cares to enjoy free hot drinks and a chat. [*Flyer*](https://twitter.com/LivCCHealth/status/1592087795174088707)

L8 [**Granby Toxteth Development Trust (GTDT)**](https://www.thelivewelldirectory.com/Services/2107) The Warm Hub (Community Living Room). A chat, a bite to eat, some activities, a community litter-pick and some free energy-saving advice. **24 Nov**1-3pm at St Bede's, L8 0SQ, **28 Nov**11-1pm at GTDT L8 0QF. [Flyer](https://twitter.com/GTDT_Liverpool/status/1591054581688979457)

L18 [**Jubilee Church**](https://www.facebook.com/jubileechurchliverpool.org/) will be opening their building Wednesdays 10-12 to provide a free, heated and friendly place where you can comfortably spend time relaxing, working or chatting with others. Ramilies Road L18 1ED. [Flyer](https://www.facebook.com/jubileechurchliverpool.org/photos/a.692708174265875/2141308879405790/)

L19, L24 [**Warm Hubs across Speke and Garston**](https://www.southliverpoolhomes.co.uk/news/news-details/?id=8197) (list by South Liverpool Homes) Differnt times and days of the week.**Garston**: The Market Place, Parklands,  St Aidan's, Speke Adventure Playground, Speke Baptist Church, CE3, St Ambrose Parish Centre. **Speke**: Garston Children's Centre, Garston Reading Room (£1 entry), Lifestlyes Garston.

[**List of 'warm and cosy’ parish centres**](http://www.liverpoolcatholic.org.uk/index.php?p=2561) open to all during the winter months. **1pm-3.30pm** different days of the week. Liverpool locations are:

* L6 Our Lady of Sorrows - Thursdays - Pirrie Road, Walton, L6 6AA
* L8 Our Lady of Mount Carmel - Wednesdays - 33 High Park Street, Liverpool, L8 8DX
* L10 Holy Name - Wednesdays - 2a Moss Pits Lane, Fazakerley, L10 9LG
* L11 Our Lady, Queen of Martyrs - Wednesdays - Stonebridge Lane, Croxteth, L11 9AZ
* L12 St Paul - Tuesdays - Spring Grove, West Derby, Liverpool, L12 8SJ
* L13 St Cecilia - Wednesdays - 21 Green Lane, Tuebrook, L13 7DT
* L16 Christ the King - Tuesdays - Score Lane, Childwall, L16 6AW
* L25 Our Lady of the Assumption - Mondays - Hartsbourne Avenue, Gateacre, L25 2RY
* L24 St Ambrose - Mondays - Heathgate Avenue, Speke, L24 7RS

#### **[Liverpool City Council](https://www.liverpool.gov.uk/communities-and-safety/emergency-planning/coronavirus/) pages**[**back to Jump to**](https://www.thelivewelldirectory.com/Services/8034#jump)

* [**Community Connectors**](https://www.thelivewelldirectory.com/Services/710) - Early intervention to stop people/situations from deteriorating, especially those who are more isolated and/or living in deprivation.
* [Free lateral flow tests won't be available after 1 April, except for the over-75s and over-12s with weakened immune systems](https://www.bbc.co.uk/news/health-51943612).
* [**Libraries**](https://liverpool.gov.uk/libraries/find-a-library/central-library/)
* [**Mental Health Communitu Support Team**](https://www.thelivewelldirectory.com/Services/4267)**-**6 to 10  weeks one to one support in the community for adults experiencing mental health issues. Referral via health professonals.
* [**One Stop Shops**](https://www.thelivewelldirectory.com/Services/2294)are open at Cunard Building, Garston Library, Kensington Library, Kirkdale, Lee Valley Library, Norris Green Library, Old Swan Library, Speke Parklands, Toxteth Library.

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#### **Foodbanks**

City centre [**Micah Liverpool: Emergency Food Aid and Community Market**](https://www.thelivewelldirectory.com/Services/1961)open to anybody in need [Twitter](https://twitter.com/MicahLiverpool)

* The Parish Church of St Vincent de Paul L1 5JP Tuesdays 10.30am – 12.30pm
* St Bride's Percy Street / Catharine Street, L8 7LT Thursdays 10.30am – 12.30pm

**MYA Food Bank** for young people under 25. Wed 1pm - 3pm. No referrals or vouchers needed. See [**Instagram**](https://www.instagram.com/myayouthfoodbank/) or [**Twitter**](https://twitter.com/FoodBank_MYA) for updates.

[**North Liverpool Foodbank**](https://www.thelivewelldirectory.com/Services/965)

L5 **Rotunda** 'Right Shed Fred' foodbank Monday to Friday 9am to 4pm [*Tweet*](https://twitter.com/RotundaLtd/status/1579118005195530240) 109 - 115 Great Mersey Street L5 2PL

L13 **St Andrews Network/**[**Bridge Community Centre Outreach**](https://www.thelivewelldirectory.com/Services/2171) Wed 10:30am - 12:00pm 1B Snaefell Avenue L13 7HA 0151 220 3487/ 0151 792 8711

[**South Liverpool Foodbank**](https://www.thelivewelldirectory.com/Services/1562) St Gabriel's on Yates Street ceased foodbank operations and the [**pantry scheme**](https://www.yourlocalpantry.co.uk/ylpparishofdingle/) Thursday 12-2pm moved to St. Cleopas Church 400 Mill St.

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#### **Local groups and organisations - cooked meals**[**back to Jump to**](https://www.thelivewelldirectory.com/Services/8034#jump)

L6 [**Community Centre**](https://www.thelivewelldirectory.com/Services/975) Lunch Club Tuesday 12-3pm 2 course meal £3

L6 **New Beginnings Improving Lives CIC** '[Scouse in the House' flyer](https://twitter.com/BeginningsI/status/1589257907283333121) Fridays 1-4pm free food, drink and a place to socialise and get support. 63 Rocky Lane L6 4BB. Started Fri 18 Nov 2022.

L8 [**Squash Liverpool**](https://www.thelivewelldirectory.com/Services/2276) - free soup if you need it. Wednesday 4-7pm or Thursday 11-4pm Friday 11-4pm Sat 10-4pm.

L8 **[FoodCycle Liverpool Dingle](https://www.thelivewelldirectory.com/Services/413)** free meals Wednesday 7pm at St Cleopas Church.

L9 [**Opening Doors Project Rice Lane**](https://www.facebook.com/profile.php?id=100069147799316) The Good Food Project every Thursday 12-2pm at St Nathanael’s Church, 65 Fazakerley Road L9 2AJ [Booking form](https://form.jotform.com/223167679727369)

L11 **[Croxteth Gems Community Association](https://www.thelivewelldirectory.com/Services/320)** Lunch Club £1.50 Wed 12-2 (book on 0151 547 2664) and Friday hot drink 50p and bingo 12-2.

L13 **[FoodCycle Liverpool Old Swan](https://www.thelivewelldirectory.com/Services/1956)** free meals Thursday 7pm at Salvation Army Prescot Road.

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#### **Food pantry schemes/affordable food**[**L3, L4, L5, L6**](https://www.thelivewelldirectory.com/Services/8034#L4)**|**[**L7, L8**](https://www.thelivewelldirectory.com/Services/8034#L7)**|**[**L9, L10, L11**](https://www.thelivewelldirectory.com/Services/8034#L9)**|**[**L12, L13, L14**](https://www.thelivewelldirectory.com/Services/8034#L13)**|**[**L15, L17, L24, L25, L27**](https://www.thelivewelldirectory.com/Services/8034#L17)**|**[**back to Jump to**](https://www.thelivewelldirectory.com/Services/8034#jump)

Across the city **New Beginnings Improving Lives CIC** Mobile Store any 10 items for £5. Locations posted on [Twitter](https://twitter.com/BeginningsI)

Across the city [**Queen of Green bus**](https://www.feedingliverpool.org/community-food-spaces/queen-of-greens-bus-stop-map/)mobile greengrocers for everyone regardless of income. 29 locations including areas where there are no supermarkets selling ‘green’ produce. Alexandra Rose vouchers, and Healthy Start vouchers, cash or card accepted.

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#### **L3, L4, L5, L6**

L3 [**Micah Liverpool**](https://www.thelivewelldirectory.com/Services/1961#locations)Community Market at C3 Church in Devon Street Fri between 10.30 and 12.30. 15 items of food and grocery for £1.50.

L4 [**Bliss Market at Liverpool Lighthouse**](https://www.thelivewelldirectory.com/Services/1560) Wed & Thu 12:00pm - 3:00pm. £3.50 for 10 items or £5 for 15 items

L4 [**Your Local Pantry The Blue Base**](https://www.thelivewelldirectory.com/Services/1505) Thu 10-12, £3.50 for goods worth up to £20.

L4 [**Our House, Walton Community Hub**](https://www.thelivewelldirectory.com/Services/659) - 'HOPE' Pantry - Wednesday 1pm - 3pm. 10 Items - £3.50 or 15 Items - £5.00 per week. Delivery to members £2.00

L5 [**Fans Supporting Foodbanks Mobile Pantries**](https://www.thelivewelldirectory.com/Services/1391)at Vauxhall Neighbourhood Council, Blenheim Street L5 8UX 10 items £3.50 Friday 10am-12pm

L5[**Your Local Pantry St George's**](https://www.thelivewelldirectory.com/Services/1291) 10 Items - £3.50. For Everton ward residents. Friday 8.45am - 11am.

L5 [**West Everton Community Council**](https://www.thelivewelldirectory.com/Services/3952) pantry Fri 10am - 1pm ([*website*](https://www.yourlocalpantry.co.uk/pantry-listings/liverpool-west-everton-pantry/)) or 1pm - 3pm ([*Facebook 9 Sep 22*](https://www.facebook.com/westevertoncc/photos/a.860282640797699/2269694616523154/)) [Flyer](https://www.facebook.com/westevertoncc/photos/a.860282640797699/2269694616523154/)£3.50

L6[**Community Association - Food Club**](https://www.thelivewelldirectory.com/Services/1797) 10 items £5.00. Anyone can join. Not means tested, any post codes. New members £1 joining fee. Tue 9-1, Wed 10-1, Thu 9-12, Fri 9-12.

L6[**New Beginnings - Improving Lives CIC: Community Food Store**](https://www.thelivewelldirectory.com/Services/1870)Wednesday to Friday 9.30am - 5pm 63 Rocky Lane L6 4BB. 10 items of food for £5.00. £1 membership. Donation (long shelf life food) accepted at 63 Rocky Lane L6 4BB Wed, Thu & Fri 9.30am-5pm [*Flyer*](https://twitter.com/BeginningsI/status/1566404118381531137)

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#### **L7, L8**[**back to Food pantry schemes**](https://www.thelivewelldirectory.com/Services/8034#LoFood)

L8 [**Emergency food provisions around Toxteth and Dingle**](https://twitter.com/Kuumba_Imani/status/1564936982442217473/photo/1) table of information - day, time, location, price, contact compiled by Kuumba Imani 31 Aug 2022

L7 [**Your Local Pantry Liverpool All Saints 'ASK'**](https://www.thelivewelldirectory.com/Services/1458)Wednesday 1:30-3pm, weekly subscription £3.50. Open to Kensington residents.

L7 [**Your Local Pantry Kensington**](https://www.thelivewelldirectory.com/Services/732)Tuesday [*10am - 2pm*](https://www.facebook.com/myKFCA/photos/a.750914655545552/1010577392912609/), weekly subscription £3.50. Open to Kensington residents.

L7 [**Your Local Pantry Nugent (St Anne's Church**](https://www.thelivewelldirectory.com/Services/1478)) 10 items for £3.50. Tuesday from 1pm to 3pm (notified by the provider not [10-11.30 as the website says](https://www.yourlocalpantry.co.uk/pantry-listings/liverpool-nugent-pantry/))

L8/L17 [**St Bede's Food Market**](https://twitter.com/GTDT_Liverpool/status/1448294956125261830)Monday 1-2.30pm. Due to the cost of deliveries of food items and the running of the project, recipients are invited to donate towards the overall running cost of the project.

L8[**The Florrie** Food Union](https://www.thelivewelldirectory.com/Services/1892) is open to anyone in Liverpool. 10 items for £5.00. Sign up at the centre. Wed & Fri 10:30-2:30.

L8 [**Fans Supporting Foodbanks**](https://www.thelivewelldirectory.com/Services/1391) Pantry £3.50 per week at Tiber Square Thursday 10-12.

L8 [**Your Local Pantry Parish of Dingle**](https://www.thelivewelldirectory.com/Services/1053) Pantry £3.50 per week at St Gabriel's Yates Street Thursday 12-2. The pantry will move to St. Cleopas Church on 400 Mill Street from **1st Sep**2022.

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#### **L9, L10, L11, L12**

L8 [**Emergency food provisions around Toxtet**](https://twitter.com/Kuumba_Imani/status/1564936982442217473/photo/1)h

L9 [**Flowers Food Pantry Citron Close**](http://www.thelivewelldirectory.com/Services/1488) Wed 2.30 - 4.30 (may vary, see [Facebook](https://www.facebook.com/groups/192095715564004/) or [*Twitter*](https://twitter.com/L9foodpantry)) £1.50 for 10 items

L9 [**Walton Vale Community Food Shop**](https://www.thelivewelldirectory.com/Services/493) Tuesday 1.30-3.30 Weekly membership £3.50 for approx £15 worth of shopping. [Twitter](https://twitter.com/WaltonValeShop)

L10 [**Fazakerley Federation**](https://www.thelivewelldirectory.com/Services/402) Food Club £3.50 for 10 items Tue 10-12 ([Fans Supporting Foodbanks](https://www.thelivewelldirectory.com/Services/1391))

L11 [**Your Local Pantry Christ Church Norris Green**](https://www.thelivewelldirectory.com/Services/1208)Tuesday 10:30-12:00, 12:30-14:00. £3.50 weekly membership.

L11 **[Croxteth Family Matters](https://www.thelivewelldirectory.com/Services/497)**Food pantry open from 9.30-12.30 Thursday and Friday. [**Facebook**](https://www.facebook.com/Croxteth-Family-Matters-257893004739711/?ref=page_internal)£3.50

L11, L12 (Clubmoor areas) [**Your Local Pantry St Andrew's Clubmoor**](https://www.thelivewelldirectory.com/Services/282) Delivery only pantry scheme £3.50 per week.

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#### **L12, L13, L14**

L8 [**Emergency food provisions around Toxteth**](https://twitter.com/Kuumba_Imani/status/1564936982442217473/photo/1)

[**Tiber Square Food Pantry**](https://www.liverpoolecho.co.uk/news/liverpool-news/frontline-battling-feed-liverpools-food-23951976), Toxteth. (Greenhouse Project and Fans Supporting Foodbanks, backed by Fareshare and the Spirit Of Shankly Supporters group).

Pay £3.50 each week and receive £20 worth of items - including fresh halal meat from a local supermarket as well as household goods.

L12 [**Your Local Pantry Millennium Mobile Pantry**](https://www.thelivewelldirectory.com/Services/1341) West Derby L12, £3.50 weekly subscription. Fri 10am-12pm. ([Fans Supporting Foodbanks](https://www.thelivewelldirectory.com/Services/1391))

L13 [**Joseph Lappin Centre Food Pantry**](https://www.thelivewelldirectory.com/Services/3317) Mon 12-2pm £3.50 for 10 items Bring proof of name and address

L14 [**The Drive**](https://www.thelivewelldirectory.com/Services/1162) Food Club Wed and Fri 12.30pm to 2.00pm. £3.50 per visit. Bring proof of address for your first visit.

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#### **L15, 17, L19, L24, L27**

L15 [**Imagine If Trust: L15 FoodHub (Community Food Store)**](https://www.thelivewelldirectory.com/Services/418)£10 per month Wed & Thurs 10:30am-12pm.

L15 [**Love Wavertree Food Club**](https://www.thelivewelldirectory.com/Services/947)£3.50 per week Saturday 10am-3pm.

L17 Aigburth [**Everyone's Aigburth Food Club**](https://www.thelivewelldirectory.com/Services/1649) open to anyone who lives or works in or near Aigburth. £3.50 per week for 10 items. Wed 1-3pm drop in or evening by appointment.

L8/L17 [**St Bede's Food Market**](https://twitter.com/GTDT_Liverpool/status/1448294956125261830)Monday 1-2.30pm. Due to the cost of deliveries of food items and the running of the project, recipients are invited to donate towards the overall running cost of the project.

L17 [**Your Local Pantry Toxteth Park**](https://www.thelivewelldirectory.com/Services/241) on Linnet Lane. £3.50 weekly for fresh/frozen/cupboard food worth £15-20. Tue 1-3pm

L19 [**Your Local Pantry St Mary Grassendale**](https://www.thelivewelldirectory.com/Services/1397) £3.50 per week Wed 1-3pm

L24 [**St Aidan's Pantry**](https://www.thelivewelldirectory.com/Services/2047) Tuesday 9am - 12pm at 10 Eastern Avenue, L24 2TA. £20 worth of fresh and non-perishable food for £3.50 per week. No longer a foodbank.

L27 **[Netherley Youth and Community Initiative](https://www.thelivewelldirectory.com/Services/4042)**£3.50 per week Wed 10am-12pm ([Fans Supporting Foodbanks](https://www.thelivewelldirectory.com/Services/1391))